

# **INDIAN TRAIL MIDDLE SCHOOL OUTDOOR EDUCATION**



**September 28<sup>th</sup> and 29<sup>th</sup>**

**What: Outdoor Education**

**Where: Camp Duncan- Y.M.C.A. Camp & Indian Trail Middle School**

**32405 N. Highway 12**

**Ingleside, IL 60041**

**(Approximately 70 miles north of Plainfield)**

**AND**

***Camp Phone: 847-546-8086***

# **GENERAL INFORMATION**

Outdoor Education has been a long-time tradition of the Indian Trail seventh grade experience. Although a voluntary program, nearly ninety percent of our seventh graders have consistently taken advantage of this unique opportunity.

The two-day program (see below for details) is structured with academic, recreational, and social activities, all with the focus and emphasis on the outdoors. Some of the activities include canoeing, climbing wall, archery, outdoor cooking, and fishing.

We hope all of our seventh graders will join us on September 28<sup>th</sup> and 29<sup>th</sup>, **RAIN or SHINE**.

## **PAYMENT AND REQUIRED PAPERWORK**

Cost: \$50.00

**DUE BY FRIDAY, SEPTEMBER 17<sup>th</sup>**

PLEASE SUBMIT THE FOLLOWING:

- \$50 for Trip

*Checks made out to Indian Trail Middle School with student's name in memo section.  
Cost includes cost of facilities, camp staff, food, and busses*

- Completed Trip Consent Form Indicating the following:

*Emergency Medical Aid (Must be marked YES)*

*Emergency Contact Information*

*Other health information*

- Field Trip Medical Information Form Completed

(\*\*Only if your student requires medication while on the trip)

**\*\*\*Please place all forms and payment in an envelope with your student's first and last name on the front to be delivered to the Indian Trail Main Office\*\*\***

# AGENDA

Outdoor Ed this year will be a two-day event. The entire seventh grade class will be split into two groups (depending on their lunch period). Group 1 will go to Camp Duncan on Tuesday with Group 2 staying back to participate in on-site outdoor ed activities here at Indian Trail. On Wednesday, Group 2 will go to Camp Duncan with Group 1 staying back.

## SAMPLE CAMP DUNCAN SCHEDULE

On the day your student goes to Camp Duncan, they will have a busy day. They will come to school as normal before coming down to the gym, meet with their Outdoor Ed group, and head out. Please note, they will not be returning to Indian Trail until 7:45PM that night.

8:30	Report to Gym
9:00	Depart for Camp
10:30-11:00	Arrive/Orientation
11:00-11:50	Boating
12:00-12:50	Climbing Tower
1:00-1:30	Lunch/Social Time
1:40-2:30	Archery/Disc Golf
2:40-3:30	Fishing
3:40-4:30	Outdoor Cooking
4:40-5:30	Mission Impossible
5:30-6:15	Dinner
6:30	Departure
7:45	Arrive at Indian Trail

*\*This is just a sample, subject to change.\**

### MEALS AT CAMP DUNCAN

Students will receive a to-go breakfast bag that they can carry as a snack to eat at some point during the day. Students will be provided the free lunch from Indian Trail, but if they would like to bring their own lunch or additional food, they are welcome to do so. All lunches or food should be packed in a disposal bag. All students will be eating in the dining hall at Camp for dinner.

# SAMPLE INDIAN TRAIL ON-SITE SCHEDULE

On the day your student participates in outdoor ed activities at Indian Trail, they will come to school as normal and leave on the bus at the end of the day. Students will rotate through stations with their groups similar to the sample schedule below.

8:30-9:00	Gather in groups wait for busses to depart
9:10-10:00	Outdoor Cooking
10:10-11:00	Tie Dying
11:10-1:00	Nature Walk/Lunch
1:10-2:00	Bean Bag Tournament
2:10-3:00	Arts and Crafts
3:00	Dismissed to Busses

*\*This is just a sample, subject to change.\**

## CHAPERONES!

We are in need of at least 10 parent chaperones each day for Camp Duncan, AND 10 parents to chaperone each day at Indian Trail. Please [CLICK HERE](#) to read a further description, and if interested, complete the chaperone volunteer form. Parents interested in chaperoning will be contacted by September 17th to confirm their interest and provide further instructions.

Due to COVID restrictions, district is requiring all parent chaperones to be seated six feet from students on the busses. If you are selected to attend and due to our bussing shortage, we would prefer that you drive your own vehicle or carpool with others to avoid this spacing adjustment on the busses.

## MEDICATION

Any student requiring medication during the trip will need to follow these guidelines.

- ✓ All medications need to be given to the Indian Trail nurse in the morning prior to leaving Indian Trail for your Camp Duncan Day. Students may **NOT** keep medication with them.
- ✓ All medication will be placed in a **zip-lock bag** with the student's name and a note from a parent/guardian with instructions regarding frequency and dosage.
- ✓ All prescription medications need to be in the **original container** with the student's name and dosage instructions.
- ✓ All over-the-counter medications need to be in the original package.
- ✓ An Indian Trail administrator will be on site for the duration of the trip to administer medication and assist in the event of injury.

# RECOMMENDED PACKING LIST

While we all hope for clear skies, sunshine, and warm temperatures, we must be prepared for whatever Mother Nature throws our way. The only time we will stay inside is when lightning or severe storms are evident.

With that, we recommend students bringing a simple day pack.

## WATCH THE WEATHER AND PACK ACCORDINGLY

**\*Gym Shoes and comfortable clothing\***

**\*Bug Spray\***

**\*Sunscreen\***

### For Rainy Weather

Light raincoat

Hat

Old Shoes

### For Cold Weather

Heavy coat

Warm hat

Gloves

Listed below is a group of items that should **NOT** be packed for the trip to Camp Duncan.

Air Pods

Knives

Flashlights

Money

Purses/ Wallets

Phones (STRONGLY  
DISCOURAGED)

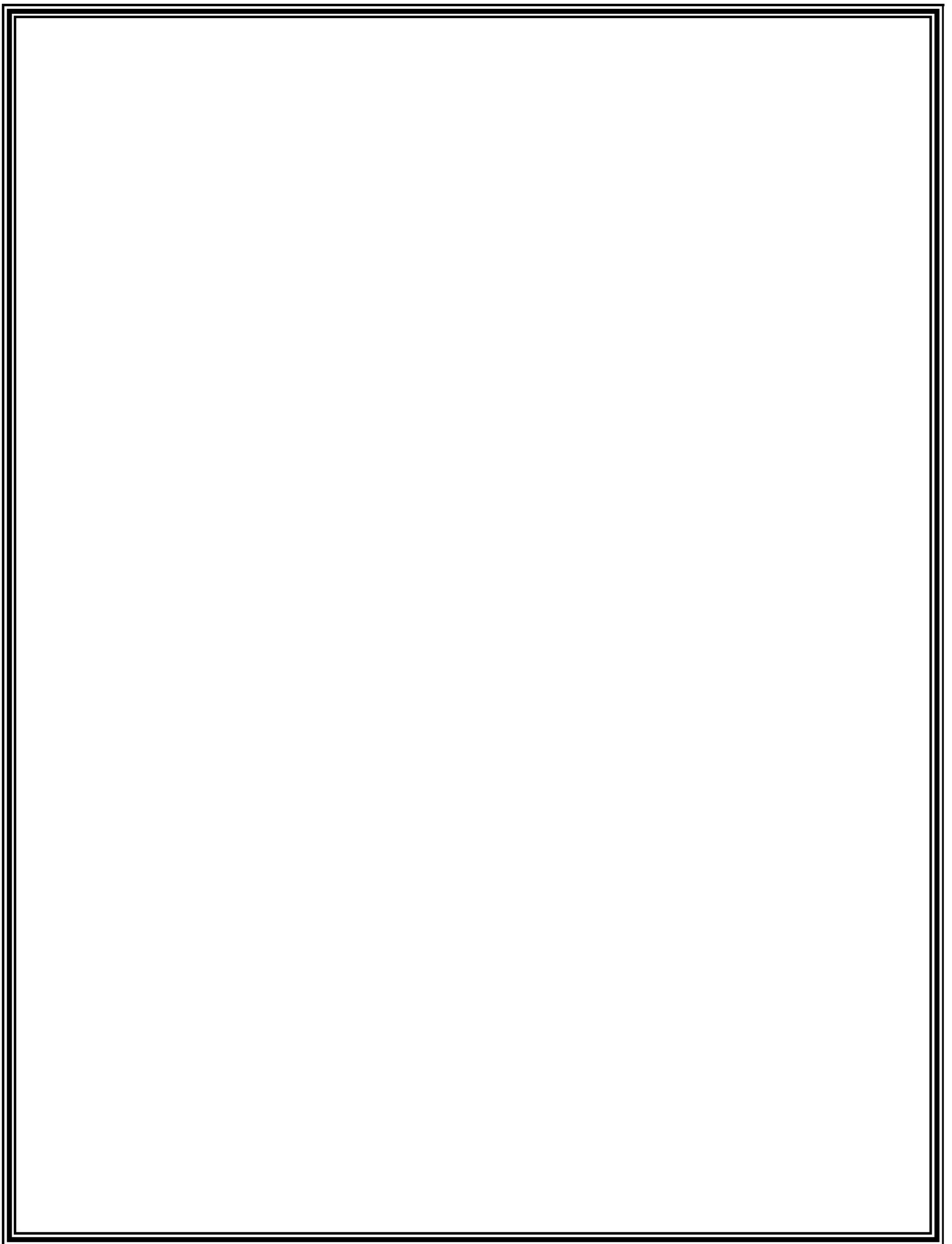
Handheld Games

Matches/ Lighters

Candy/ Gum

Snacks of any kind

**\*\*INDIAN TRAIL IS NOT RESPONSIBLE FOR ANY LOST OR DAMAGED ITEMS\*\***



**PLAINFIELD COMMUNITY CONSOLIDATED SCHOOL DISTRICT #202**

**TRIP CONSENT FORM**

I hereby give permission and consent for my son/daughter \_\_\_\_\_  
(student name)

To participate in the 7<sup>th</sup> Grade Outdoor Education Field Trip on Tuesday, September 28<sup>th</sup> OR Wednesday, September 29<sup>th</sup>.  
(activity) (date)

Sponsored by Plainfield Community Consolidated School District #202 and to be transported by:

**School Bus**                       Van                       Private Vehicle

CONDUCT: I understand that my student must comply with the provision of the Student Handbook and other rules of conduct established by the School district while participating in the above-mentioned activity. I have discussed this requirement with my student.

EMERGENCY MEDICAL AID: I hereby give permission for the School District to secure whatever emergency treatment that my child needs in connection with the activity. ( ) Yes ( ) No

If I am away from home during the time of this activity, I can be reached at:

\_\_\_\_\_ (address) \_\_\_\_\_ (phone)

Other health information about my child, of importance to the activity:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Parent/Guardian Name (Printed): \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Please return this form to:**

**Indian Trail Main Office with the field trip cost of \$50  
NO LATER THAN FRIDAY, SEPTEMBER 17, 2021**

INDIAN TRAIL MIDDLE SCHOOL

**FIELD TRIP MEDICAL INFORMATION**

**\*\*Please fill out ONLY if your child is bringing medication\*\***

Student Name \_\_\_\_\_

Your child will be attending the Outdoor Education Field Trip September 28<sup>th</sup> or 29<sup>th</sup>, 2021. The following information pertains to medication/medical information for your child. If your child requires medication while on the field trip, the following guidelines will be followed. The school nurse will communicate medical needs with the staff prior to the field trip.

There will be an Indian Trail administrator on-site to help administer medication while on the trip.

Any student requiring medication during the trip will need to follow these guidelines.

✓ Only emergency medications that are necessary to maintain the child in school are sent along on field trips.

✓ All medications need to be given to the nurse one day prior to the field trip day. Students may NOT keep medication in their possession unless authorized by a physician.

✓ All medications need to be in the original container with the student's name and dosage instructions

My student's medical concerns are as follows:

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In case of an emergency, I can be contacted at:

Cell: \_\_\_\_\_ Work: \_\_\_\_\_ Home: \_\_\_\_\_

If you have any questions or concerns, please feel free to contact the school nurse or building administrator at (815) 436-6128.

Please sign below acknowledging you have read and understand the medical guidelines. Please have your child return to the school office prior to going on the trip.

Parent signature: \_\_\_\_\_ Date: \_\_\_\_\_