

# **Indian Trail Middle School Outdoor Education**



**October 2 & 3, 2018**

## **DUE BY FRIDAY SEPTEMBER 14, 2018**

Payment may be made at the school main office throughout the summer.

Office Hours are 8-4pm Monday -Thursday

**\*\*Payment may also be completed by mail\*\***



\$70 for trip

Checks made out to Indian Trail Middle School with student's name in memo section.



Completed Trip Consent Form

- Name
- EMERGENCY MEDICAL AID  
(Must be marked **YES**)
- Emergency Contact Information



Medical Form Completed (\*\*Only if your student requires medication while on the trip\*\*)

**\*\*\*Please put money and trip consent form in an envelope with the student's first and last name on the front\*\*\***

**PLAINFIELD COMMUNITY CONSOLIDATED SCHOOL DISTRICT  
#202**

**TRIP CONSENT FORM**

I hereby give permission and consent for my son/daughter \_\_\_\_\_  
(student name)

To participate in the 7<sup>th</sup> Grade Outdoor Education Field Trip on Tuesday, 10/2/18 and Wednesday, 10/3/18  
(activity) (date)

Sponsored by Plainfield Community Consolidated School District #202 and to be transported by:

( X ) School Bus ( ) Van ( ) Private Vehicle

**CONDUCT:** I understand that my student must comply with the provision of the Student Handbook and other rules of conduct established by the School district while participating in the above-mentioned activity. I have discussed this requirement with my student.

**EMERGENCY MEDICAL AID:** I hereby give permission for the School District to secure whatever emergency treatment that my child needs in connection with the activity. ( ) Yes ( ) No

If I am away from home during the time of this activity, I can be reached at:

\_\_\_\_\_  
(address) (phone)

Other health information about my child, of importance to the activity:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Signed: \_\_\_\_\_ Date: \_\_\_\_\_  
(Parent/Guardian)

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Please return this form to: **Indian Trail Middle School – Main office with the field trip cost of \$70**

**NO LATER THAN FRIDAY, SEPTEMBER 14, 2018!!!**

INDIAN TRAIL MIDDLE SCHOOL

**FIELD TRIP MEDICAL INFORMATION**

**\*\*Please fill out ONLY if your child is bringing medication\*\***

Student Name \_\_\_\_\_

Your child will be attending the Outdoor Education Field Trip October 2-3, 2018. The following information pertains to medication/medical information for your child. If your child requires medication while on the field trip, the following guidelines will be followed. The school nurse will communicate medical needs with the staff prior to the field trip. There will be a nurse to help administer medication while on the trip.

Any student requiring medication during the trip will need to follow these guidelines.

- ✓ Only emergency medications that are necessary to maintain the child in school are sent along on field trips.
- ✓ All medications need to be given to the nurse one day prior to the field trip day. Students may NOT keep medication in their possession unless authorized by a physician.
- ✓ All medications need to be in the original container with the student's name and dosage instructions

My student's medical concerns are as follows:

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In case of emergency I can be contacted at:

Cell: \_\_\_\_\_ Work: \_\_\_\_\_ Home: \_\_\_\_\_

If you have any questions or concerns, please feel free to contact the school nurse or building administrator at (815) 439-4810.

Please sign below acknowledging you have read and understand the medical guidelines. Please have your child return to the school office prior to going on the trip.

Parent signature: \_\_\_\_\_ Date: \_\_\_\_\_

# **IMPORTANT INFORMATION**

What: Outdoor Education

When: October 2 & 3, 2018

Where: Camp Duncan – Y.M.C.A. Camp  
32405 N. Highway 12  
Ingleside, IL 60041  
(Approximately 70 miles north of Plainfield)

Camp Phone: 847-546-8086

Cost: \$70.00

(Cost includes cost of camp, food and busses)

\* Please make checks payable to Indian Trail Middle School with your student's name on the check\*

# **GENERAL INFORMATION**

Outdoor Education has been a part of the seventh-grade experience for many years. Although a voluntary program, nearly ninety percent of our seventh graders have consistently taken advantage of this unique opportunity.

The two-day/one-night program is structured with academic, recreational, and social activities, all with the focus and emphasis on the outdoors. Some of the activities include: canoeing, fishing, archery, outdoor cooking and crafts.

Students are housed in comfortable, but not luxurious cabins. Each cabin holds approximately twenty-two students with four adult supervisors.

Simple, yet plentiful, meals are served “family style” each day. Students take turns at setting the tables, serving the meals and cleaning up.

We hope all seventh graders will join us on October 2<sup>nd</sup> and 3<sup>rd</sup>, RAIN or SHINE.

If there are any questions, please contact Christy Huennekens by email at [itoutdoored@gmail.com](mailto:itoutdoored@gmail.com).



# MEDICATION

Any student requiring medication during the trip will need to follow these guidelines.

- ✓ All medications need to be given to the nurse on Monday morning prior to leaving Indian Trail. Students may **NOT** keep medication in their cabins unless authorized by a physician.
- ✓ All medication will be placed in a zip-lock bag with the student's name and a note from a parent/guardian with instructions regarding frequency and dosage.
- ✓ All prescription medications need to be in the original container with the student's name and dosage instructions.
- ✓ All over-the-counter medications need to be in the original package.
- ✓ A nurse will be on camp grounds for the duration of the trip to administer medication and assist in the event of injury.

# AGENDA

Upon arriving to school on Tuesday, October 2<sup>nd</sup>, students will drop off their luggage outside the gymnasium by the large U-Haul truck. Chaperones and teachers will help load the students' belongings. Parents are asked to drop off students at the school, with their luggage, due to lack of space on the normal morning bus routes. Students will then proceed to their first period class where attendance will be taken. At that time, students will be informed of his/her group, bus and cabin assignments. At approximately 8:15, students will meet in the gym and locate his/her academic group. Students will board the bus at approximately 8:30 am and journey to Camp Duncan. We expect to arrive around 9:45 am.

Please pack a sack lunch for your student to eat at camp that day. We will not be providing a meal until dinner time, so please plan accordingly.

Students will be following a similar schedule each day at Camp Duncan. During the day, students will concentrate on academic assignments, followed by recreational activities. Evening programs include: whole group activities, such as Muckman's Suitcase and Mission Impossible.

We will be leaving Camp Duncan after lunch on Wednesday, October 3<sup>rd</sup> at 3:00 pm and plan to arrive back at Indian Trail at approximately 5:30 pm.



# SAMPLE DAILY SCHEDULE

## Tuesday:

7:15 am

Rise and Shine

- Shower
- Sweep & Clean Cabin
- Load Truck

8:00-8:35

Breakfast

8:45-9:30

Canoeing

9:40-10:25

The Wall

10:35-11:20

Fishing

11:30-12:05

Lunch

12:05-12:35

Social Time

12:45-1:30

Crafts

1:40-2:25

Archery

2:40-3:40

Mission Impossible

4:00-4:15

Board Busses

5:30

Arrive at Indian Trail

# RECOMMENDED PACKING LIST

While we all hope for clear skies, sunshine and warm temperatures, we must be prepared for whatever Mother Nature throws our way. The only time we will stay inside is when lightning or severe storms are evident.

In this context, please refer to the list below when packing for the trip. In addition, please limit your items to:

- 1 suitcase or duffel bag
- 1 sleeping bag or blanket
- 1 pillow

**Do not pack** anything you are concerned about getting dirty, torn or ruined. Keep newer, nicer clothes at home.



## For Rainy Weather

Light raincoat  
Hat  
Boots or extra shoes



## Clothing

Warm pants/jeans (2 pair)  
Shoes (2 pairs)  
Heavy socks (4 pair)  
Sweater or Sweatshirts  
Underclothes for 3 days



## For Cold Weather

Heavy coat  
Warm hat  
Gloves



## Bathroom Articles

Towels  
Washcloth  
Soap  
Toothbrush & tooth paste  
Shampoo  
Deodorant  
Hairbrush  
Chap stick  
Plastic bag to store dirty clothes

# WHAT NOT TO BRING

Listed below is a group of items that should **NOT** be packed for the trip to Camp Duncan. We also recommend that you carefully monitor the items your student packs and restrict them from bringing the items listed below, as well as anything else which could disrupt the trip.

Knives  
Flashlights  
Money  
Purses/Wallets

Matches/Lighters  
Candy/Gum  
Snacks of any kind  
Curling Irons/hair straighteners  
Keys

**The following are strongly discouraged:**

I Pods, Handheld Games, I Pads, E-Readers, etc.

(All electrical or battery-operated items)





# Chaperones Needed!

## Attention 7<sup>th</sup> Grade Students and Parents/Guardians

Each and every year, the seventh grade students, parents and teachers spend one fun-filled night and two exciting days at Camp Duncan in Volo, Illinois. The outdoor education experience is a fantastic opportunity for students, parents and staff to get to know one another outside of the school environment. Students will have the opportunity to learn survival skills, fishing, canoeing, crafts and several additional outdoor activities. During the night-time, students participate in a variety of games and events that are always very popular (Please see the booklet in your student's registration packet for more details). Over ninety percent of seventh graders attend each year and have a great time? For the 2017-2018 school year, Outdoor Education will take place on Tuesday, October 2<sup>nd</sup> and Wednesday, October 3<sup>rd</sup>. Mark your calendars!!!!

Every year we look for parents who would like to volunteer to attend with the students and teachers. Parent volunteers attend the trip for free? We are in need of 25 male parent chaperones and 25 female chaperones, along with one nurse to help facilitate outdoor education. If you are interested in being a chaperone for this trip, please fill out the information below and return it to the school along with the registration information. All chaperones must be fingerprinted by the district office by the end of September. If you have any further questions, please contact Christy Huennekens at 815-436-6128 or via email at [itoutdoored@gmail.com](mailto:itoutdoored@gmail.com).

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I would be interested in chaperoning the 7<sup>th</sup> grade Outdoor Education field trip on October 2<sup>nd</sup> and 3<sup>rd</sup>. Please print neatly.

\_\_\_\_\_  
7<sup>th</sup> Grade Student

\_\_\_\_\_  
Telephone Number

\_\_\_\_\_  
Parent/Guardian's Name

\_\_\_\_\_  
Parent's Email Address

